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2023-2024  
**PRODUCT**  
CANADIAN CATALOGUE





# ISO ADVANCED





**ISO ADVANCED** uses only pure Cross Flow Micro Filtered Whey Protein Isolate 90%, no added amino acids, no creamers and no soy. **ISO ADVANCED** contains 30gr of the highest quality Whey Protein Isolate and is sugar free and low in or fat free.


**ISO ADVANCED** whey protein isolate contains only the highest rated Biological Value (BV) protein available and is easily and rapidly digested. High in naturally occurring key amino acids L-Glutamine and BCAA's that help stop and reverse the damage from training to help you build quality muscle and increase recovery time.

All **PROLINE** products deliver full disclosure of all ingredients and clinically proven doses so you know exactly what you're getting every time and we have even taken the unprecedented step of listing not just the grade of protein used, but how much is used.

#### AVAILABLE FLAVOURS

 **VANILLA**  
800 G: 70019900485-7  
2 KG: 70019900476-5

 **PEANUT BUTTER CHOCOLATE**  
800 G: 70019900483-3  
2 KG: 70019900474-1

 **CHOCOLATE**  
800 G: 70019900482-6  
2 KG: 70019900473-4

#### Nutrition Facts / Valeur nutritive

Per 1 Scoop (36.7 g) / Pour 1 cuillerée (36,7 g)  
Servings per Container / Portions par récipient : 24.8

	1 Scoop (36.7 g) / 1 cuillerée (36,7 g)	100 g
<b>Calories</b>	<b>132.5</b>	<b>361</b>
% Daily Value* / % valeur quotidienne*		
<b>Fat / Lipides</b> 0.5 g <sup>†</sup>	0.8 %	1.4 g
Saturated / saturés 0 g <sup>†</sup>	0 %	0 g
+ Trans / trans 0 g <sup>†</sup>	0 %	0 g
<b>Carbohydrate / Glucides</b> 2 g <sup>†</sup>	0.7 %	5 g
Fibre / Fibres 0 g	0 %	0 g
Sugars / Sucres 0 g <sup>†</sup>	0 %	0 g
<b>Protein / Protéines</b> 30 g <sup>†</sup>		82 g
<b>Cholesterol / Cholestérol</b> 0 mg <sup>†</sup>	0 %	0 g
<b>Sodium</b> 126 mg <sup>†</sup>	5.3 %	344 g
Potassium 202 mg <sup>†</sup>	4.3 %	550 mg
Calcium 152 mg <sup>†</sup>	13.8 %	414 mg
Iron / Fer 0 mg <sup>†</sup>	0 %	0 mg

\* Amount in 1 Scoop (36.7 g) / Teneur pour 1 cuillerée (36,7 g)

\* 5% or less is **a little**, 15% or more is **a lot**

\* 5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

**INGREDIENTS (PER SERVING):** Cross Flow Micro Filtered Whey Isolate 90% (32.9 g), Cocoa (2.0 g), Natural and Artificial Flavours (850 mg), Guar Gum (500 mg), Sucralose (260 mg), Salt (125 mg).

**Contains:** Milk by-products/derivatives.

**INGRÉDIENTS (PAR PORTION):** Concentré de l'isolat de protéines de lactosérum micro-filtré à flux croisés 90% (32,9 g), Cocoa (2,0 g), Saveurs naturels et artificielles (850 mg), Gomme de guar (500 mg), Sucralose (260 mg), Sel (125 mg).

**Contient :** Sous-produits / dérivés du lait.

**P R O L I N E**



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INSTAGRAM.COM/PROLINENUTRITION





# ISO

## ADVANCED

### WHEY PROTEIN ISOLATE

**30g**  
MICROFILTERED  
WHEY PROTEIN

**0g**  
SUGAR OR  
ARTIFICIAL  
SWEETENERS

**NO**  
ARTIFICIAL  
COLOURS OR  
FLAVOURS

**ISO ADVANCED NATURAL** is free of any artificial sweeteners, flavours or colours and uses only pure Cross Flow Micro Filtered Whey Protein Isolate 90%, no added amino acids, no creamers, no soy and is sugar free and low in or fat free.

**ISO ADVANCED** whey protein isolate contains only the highest rated Biological Value (BV) protein available and is easily and rapidly digested. High in naturally occurring key amino acids L-Glutamine and BCAA's that help stop and reverse the damage from training to help you build quality muscle and increase recovery time.

All **PROLINE** products deliver full disclosure of all ingredients and clinically proven doses so you know exactly what you're getting every time and we have even taken the unprecedented step of listing not just the grade of protein used, but how much is used.

#### AVAILABLE FLAVOURS

**VANILLA**  
**ALL NATURAL**  
800 G: 70019900490-1  
2 KG: 70019900481-9

**SALTED CARAMEL**  
**ALL NATURAL**  
800 G: 70019900487-1  
2 KG: 70019900478-9

**CHOCOLATE**  
**ALL NATURAL**  
800 G: 70019900486-4  
2 KG: 70019900477-2

**UNFLAVOURED**  
**ALL NATURAL**  
800 G: 70019900489-5  
2 KG: 70019900480-2

#### Nutrition Facts / Valeur nutritive

Per 1 Scoop (35.1 g) / Pour 1 cuillerée (35,1 g)  
Servings per Container / Portions par récipient : 25.9

	1 Scoop (35.1 g) / 1 cuillerée (35,1 g)	100 g
<b>Calories</b>	<b>124</b>	<b>354</b>
% Daily Value* / % valeur quotidienne*		
<b>Fat / Lipides</b> 0 g <sup>†</sup>	0.8 %	0 g
Saturated / saturés 0 g <sup>†</sup>	0 %	0 g
+ Trans / trans 0 g <sup>†</sup>	0 %	0 g
<b>Carbohydrate / Glucides</b> 1 g <sup>†</sup>	0.3 %	3 g
Fibre / Fibres 0 g	0 %	0 g
Sugars / Sucres 0 g <sup>†</sup>	0 %	0 g
<b>Protein / Protéines</b> 30 g <sup>†</sup>		86 g
<b>Cholesterol / Cholestérol</b> 0 mg <sup>†</sup>	0 %	0 g
<b>Sodium</b> 341 mg <sup>†</sup>	14.2 %	973 g
Potassium 202 mg <sup>†</sup>	4.3 %	575 mg
Calcium 152 mg <sup>†</sup>	13.8 %	433 mg
Iron / Fer 0 mg <sup>†</sup>	0 %	0 mg

<sup>†</sup> Amount in 1 Scoop (35.1 g) / Teneur pour 1 cuillerée (35,1 g)

\* 5% or less is **a little**, 15% or more is **a lot**

\* 5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

**INGREDIENTS (PER SERVING):** Cross Flow Micro Filtered Whey Isolate 90% (33.6 g), Natural Flavours (500 mg), Guar Gum (500 mg), Salt (250 mg), Stevia (200 mg).

**Contains:** Milk by-products/derivatives.

**INGRÉDIENTS (PAR PORTION):** Concentré de l'isolat de protéines de lactosérum micro-filtré à flux croisés 90% (33,6 g), Saveurs naturels (500 mg), Gomme de guar (500 mg), Sel (250 mg), Stevia (200 mg).

**Contient:** Sous-produits / dérivés du lait.

**P R O L I N E**



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# CREATINE HCL



PROLINE's CREATINE™ is a highly concentrated form of creatine hydrochloride. CREATINE HCL is scientifically proven to help increase size, strength and power of the muscles by increasing their cell volumization. Experts consider the HCL form of creatine to be the most soluble, most bioavailable and most absorbent creatine on the market today. The benefit of taking CREATINE HCL is there's no loading phase, no cycling on and off, no bloating and no water retention. PROLINE's CREATINE HCL requires a much smaller dose because of its purity and quality.

#### Medicinal Ingredients / Ingrédients Médicinaux

Serving Size: 1 Scoop (1.0 g) / Portion: 1 cuillère (1,0 g)

Servings Per Container: 120 / Portions par contenant: 120

Amount / Quantité	per 1 Scoop (1.0 g) / par 1 cuillère (1,0 g)	per 100g / par 100 g
Creatine HCL / Créatine HCL	1.0 g	100.0 g

#### AVAILABLE FLAVOURS



CREATINE HCL CAPSULES (120 CAPS)  
70019900423-0



CREATINE HCL- ALL NATURAL BLUE RASPBERRY  
70019900424-6



CREATINE HCL- ALL NATURAL PEACH MANGO  
70019900426-0



CREATINE HCL- BLACK CHERRY LIME  
70019900499-4



CREATINE HCL- RASPBERRY LEMONADE  
70019900500-7



CREATINE HCL- UNFLAVORED  
70019900427-7





# 100% PURE CREATINE



**PROLINE's 100% PURE CREATINE Monohydrate** is micronized for greater solubility and to stay suspended in solution longer. Creatine Monohydrate is a naturally occurring metabolite found in muscle tissue. Creatine plays an essential role in energizing muscle tissue & enhancing athletic performance. Creatine Monohydrate also increases strength, endurance, and muscle mass.

100% PURE CREATINE MONOHYDRATE  
1 KG: 70019900419-2

100% PURE CREATINE MONOHYDRATE  
300G: PL-CR300G

## Medicinal Ingredients / Ingrédients Médicinaux

Serving Size: 1 Scoop (5.0 g) / Portion: 1 cuillère (5,0 g)  
Servings Per Container: 200 / Portions par contenant : 200

Amount / Quantité	per 1 Scoop (5.0 g) / par 1 cuillère (5,0 g)	per 100g / par 100 g
<b>Micronized Creatine Monohydrate</b>	<b>5.0 g</b>	<b>100.0 g</b>

**SUGGESTED USE:** Mix 1 scoop of **100% PURE CREATINE** mixed in 250ml of water or your favorite beverage 2 times per day. It is recommended that you drink plenty of water or performance beverage such as **PROLINE BCAA Stack** or **Vegan BCAA**.

**UTILISATION SUGGÉRÉE :** Mélanger 1 cuillère de **100% PURE CREATINE** dans 250ml d'eau ou de votre breuvage préféré 2 fois par jour. Il est recommandé de boire abondamment d'eau ou breuvage qui aide à la performance, tel que le **PROLINE BCAA Stack** ou **Vegan BCAA**.

**RISK INFORMATION:** Consult a health care practitioner prior to use if you have a kidney disorder or if you are pregnant or breast feeding. May result in weight gain.

**INFORMATIONS SUR LES RISQUES :** Consulter un professionnel de la santé avant d'utiliser si vous souffrez de troubles rénaux, êtes enceinte ou allaitez. Peut entraîner un gain de poids.



# 100% PURE GLUTAMINE



PROLINE's Pharmaceutical Grade 100% PURE GLUTAMINE™ is the most abundant amino acid in the body comprising more than 60% of the free amino acid pool in skeletal muscle & greater than 20% of total circulating amino acids. After training, you deplete your glutamine concentrations by 40% triggering muscle catabolism, Glutamine counteracts this & helps you repair muscle cells quickly & maintains optimal muscle function. L-Glutamine may help reduce muscle soreness & rebuild muscle tissue.

## Medicinal Ingredients / Ingrédients Médicinaux

Serving Size: 1 Scoop (5.0 g) / Portion: 1 cuillère (5,0 g)  
Servings Per Container: 80 / Portions par contenant : 80

Amount / Quantité	per 1 Scoop (5.0 g) / par 1 cuillère (5,0 g)	per 100g / par 100 g
Vegan Fermented Glutamine	5.0 g	100.0 g

100% PURE GLUTAMINE- UNFLAVOURED  
400G: 70019900419-2

100% PURE GLUTAMINE- UNFLAVOURED  
1KG: 70019900213-6



# 100% PURE LEUCINE



PROLINE's **Leucine** promotes muscle protein synthesis via two different methods. Both, lead to the activation of mTOR – the fundamental route to all cell synthesis in the body. Studies have shown that adding a leucine supplement to your diet improves the synthesis of muscle protein.

Leucine's effects on muscles focus on the production of skeletal protein, this means that the additional protein is produced as muscle mass. Leucine works as an anabolic trigger, and is metabolized directly in muscle tissue. Increasing muscle protein synthesis keeps you in a state of positive nitrogen balance, which is what you want to be if you're trying to build muscle mass.

## Medicinal Ingredients / Ingrédients Médicinaux

Serving Size: 1 Scoop (5.0 g) / Portion: 1 cuillerée (5,0 g)  
Servings Per Container: 80 / Portions par contenant : 80

Amount / Quantité	per 1 Scoop (5.0 g) / par 1 cuillerée (5,0 g)	per 100g / par 100 g
Leucine	5.0 g	100.0 g

## Medicinal Ingredients / Ingrédients Médicinaux

Serving Size: 1 Scoop (5.0 g) / Portion: 1 cuillerée (5,0 g)  
Servings Per Container: 200 / Portions par contenant : 200

Amount / Quantité	per 1 Scoop (5.0 g) / par 1 cuillerée (5,0 g)	per 100g / par 100 g
Leucine	5.0 g	100.0 g

**SUGGESTED USE:** Mix 1 scoop of **100% PURE LEUCINE** in 250ml of water or your favourite beverage, preferably on an empty stomach, twice per day.

**UTILISATION SUGGÉRÉE :** Mélanger 1 cuillerée de **100% PURE LEUCINE** dans 250ml d'eau ou de votre beverage préféré 2 fois par jour.

**RISK INFORMATION:** Do not use if pregnant or breast feeding. Consult a health care provider if you have been treated for or diagnosed with a medical condition, or if you are using any medication. Use only as directed. Discontinue use if you have any of the following side effects: diarrhea, vomiting, nausea and/or abdominal swelling.

**INFORMATIONS SUR LES RISQUES :** Ne pas utiliser si vous êtes enceinte ou si vous allaitez. Consultez un fournisseur de soins de santé si vous avez été traité ou diagnostiqué avec une condition médicale, ou si vous utilisez des médicaments. Utilisez uniquement comme indiqué. Cesser l'utilisation si vous présentez l'un des effets secondaires suivants : diarrhée, vomissements, nausées et/ou gonflement abdominal.

LEUCINE INSTANTIZED  
400G: 70019900497-0

LEUCINE INSTANTIZED  
1KG: 70019900498-7

LEUCINE INSTANTIZED  
- RASPBERRY LEMONADE  
400G: 70019900508-3

LEUCINE INSTANTIZED  
- ELECTRIC FRUIT PUNCH  
400G: 70019900507-6





# ACTIVE MEN



ACTIVE MEN™ is a multivitamin and mineral support formulation specifically designed to meet the nutritional needs of men. This formula provides necessary nutritional support for the maintenance of good health, along with extra nutritional support for sustaining a workout, aiding endurance and recovery, or just for coping with the stress of modern living. Contains optimal levels of over 30 vitamins, minerals, enzymes and herbal extracts tailored formula to meet the specific needs of men Supports the immune and cardiovascular system Provides enhanced energy and endurance support Increases performance and overall vitality Easy-to-digest capsules.

 ACTIVE MEN™ (90 CAPS)  
70019900428-4

#### Medicinal Ingredients / Ingrédients Médicinaux

Serving Size: 3 Capsules / Portion: 3 capsules  
Servings Per Container: 30 / Portions par contenant : 30

Amount / Quantité	per serving / par portion
Beta Carotene / Beta Carotene	10,000 IU
Vitamin A (palmitate) / Vitamin A (palmitate)	5,000 IU
Vitamin D3 Cholecalciferol / Vitamin D3 Cholecalciferol	1,000 IU
Vitamin E (d-Alpha Tocopheryl) / Vitamin E (d-Alpha Tocopheryl)	150 IU
Vitamin C (calcium ascorbate) / Vitamin C (calcium ascorbate)	300 mg
Vitamin K2 (MK7) / Vitamin K2 (MK7)	75 mcg
Vitamin B-1 Thiamine Hydrochloride / Vitamin B-1 Thiamine Hydrochloride	30 mg
Vitamin B-2 Riboflavin / Vitamin B-2 Riboflavin	30 mg
Vitamin B-3 Niacin / Vitamin B-3 Niacin	30 mg
Vitamin B-6 Pyridoxine / Vitamin B-6 Pyridoxine	30 mg
Vitamin B-12 (methylcobalamin) / Vitamin B-12 (methylcobalamin)	200 mcg
Folic Acid 97% / Folic Acid 97%	1 mg
Biotin / Biotin	100 mcg
Pantothenic Acid / Pantothenic Acid	100 mg
Choline Bitartrate / Choline Bitartrate	50 mg
Inositol / Inositol	50 mg
Rutin / Rutin	50 mg
Hesperidin / Hesperidin	50 mg
Quercetin / Quercetin	50 mg
PABA / PABA	25 mg
Magnesium (oxide/citrate 15%) / Magnesium (oxide/citrate 15%)	100 mg
Calcium (Coral 35%/Citrate 22%) / Calcium (Coral 35%/Citrate 22%)	100 mg
Potassium (Amino Acid Chelate 18%) / Potassium (Amino Acid Chelate 18%)	50 mg
Zinc Citrate 32% / Zinc Citrate 32%	20 mg
Bamboo Silica 70% / Bamboo Silica 70%	15 mg
Iron Citrate 18% / Iron Citrate 18%	5 mg
Manganese 16% / Manganese 16%	5 mg
Boron Citrate 6% / Boron Citrate 6%	1 mg
Copper 10% / Copper 10%	1 mg
Iodine 1% / Iodine 1%	200 mcg
Chromium Picolinate / Chromium Picolinate	200 mcg
Selenium / Selenium	150 mcg
Molybdenum 2.5% / Molybdenum 2.5%	50 mcg
Bromelain 1000 GDU / Bromelain 1000 GDU	50 mg
Pineapple Powder / Pineapple Powder	25 mg
Papaya Powder / Papaya Powder	25 mg
Alfalfa Juice Powder / Alfalfa Juice Powder	100 mg
Panax Ginseng 10% / Panax Ginseng 10%	100 mg
Saw Palmetto Powder / Saw Palmetto Powder	50 mg

**Non-Medicinal Ingredients:** Magnesium Stearate (15 mg), Vegetable Cellulose (capsule),  
**Ingrédients non médicinaux:** Stéarate de magnésium (15 mg), Cellulose végétale (capsule).



# ACTIVE WOMEN



**ACTIVE WOMAN™** is specifically tailored to meet the nutritional supplementation needs of women. This women's formula contains optimum levels of over 30 vitamins, minerals, enzymes, and herbal extracts in 3 easy to swallow vegetarian capsules per day. For the active woman and/or athlete, this formula offers extra nutritional support for sustaining a workout, aiding endurance and recovery, or just for a busy lifestyle.

ACTIVE WOMAN™ (90 CAPS)  
70019900429-1

Medicinal Ingredients / Ingrédients Médicinaux	
Serving Size: 3 Capsules / Portion: 3 capsules	
Servings Per Container: 30 / Portions par contenant : 30	
Amount / Quantité	per serving / par portion
Beta Carotene / Beta Carotene	10,000 IU
Vitamin A (palmitate) / Vitamin A (palmitate)	5,000 IU
Vitamin D3 Cholecalciferol / Vitamin D3 Cholecalciferol	1,000 IU
Vitamin E (d-Alpha Tocopheryl) / Vitamin E (d-Alpha Tocopheryl)	150 IU
Vitamin C (calcium ascorbate) / Vitamin C (calcium ascorbate)	300 mcg
Vitamin K2 (MK7) / Vitamin K2 (MK7)	75 mcg
Vitamin B-1 Thiamine Hydrochloride / Vitamin B-1 Thiamine Hydrochloride	30 mg
Vitamin B-2 Riboflavin / Vitamin B-2 Riboflavin	30 mg
Vitamin B-3 Niacin / Vitamin B-3 Niacin	30 mg
Vitamin B-6 Pyridoxine / Vitamin B-6 Pyridoxine	30 mg
Vitamin B-12 (methylcobalamin) / Vitamin B-12 (methylcobalamin)	100 mcg
Folic Acid 97% / Folic Acid 97%	1 mg
Biotin / Biotin	200 mcg
Pantothenic Acid / Pantothenic Acid	100 mcg
Choline Bitartrate / Choline Bitartrate	50 mg
Inositol / Inositol	50 mg
Rutin / Rutin	50 mg
Hesperidin / Hesperidin	50 mg
Quercetin / Quercetin	25 mg
PABA / PABA	25 mg
Magnesium (oxide/citrate 15%) / Magnesium (oxide/citrate 15%)	100 mg
Calcium (Coral 35%/Citrate 22%) / Calcium (Coral 35%/Citrate 22%)	100 mg
Potassium (Amino Acid Chelate 18%) / Potassium (Amino Acid Chelate 18%)	50 mg
Iron Citrate 18% / Iron Citrate 18%	18 mg
Zinc Citrate 32% / Zinc Citrate 32%	15 mg
Bamboo Silica 70% / Bamboo Silica 70%	15 mg
Manganese 16% / Manganese 16%	5 mg
Boron Citrate 6% / Boron Citrate 6%	1.5 mg
Copper 10% / Copper 10%	1 mg
Iodine 1% / Iodine 1%	200 mcg
Chromium Picolinate / Chromium Picolinate	200 mcg
Selenium / Selenium	150 mcg
Molybdenum 2.5% / Molybdenum 2.5%	450 mcg
Bromelain 1000 GDU / Bromelain 1000 GDU	50 mg
Pineapple Powder / Pineapple Powder	25 mg
Papaya Powder / Papaya Powder	25 mg
Alfalfa Juice Powder / Alfalfa Juice Powder	100 mg
Rhodiola Extract 3% / Rhodiola Extract 3%	100 mg
<b>Non-Medicinal Ingredients:</b> Magnesium Stearate (15 mg), Vegetable Cellulose (capsule), <b>Ingrédients non médicinaux :</b> Stéarate de magnésium (15 mg), Cellulose végétale (capsule).	



# TRIBULUS

45%  
SAPONINS

CONCENTRATED  
EXTRACT

750 mg  
PER CAPSULE

**TRIBULUS** Terrestris is a naturally occurring herb found in Europe, and usually sourced from Bulgaria. Tribulus Terrestris is the closest and strongest all natural herbal alternative to synthetic anabolic hormones. This non-hormonal supplement is proven to increase testosterone levels in humans.

**TRIBULUS** Terrestris causes your body to release luteinizing hormone, which in turn then signals testicles in males, the ovary in females and the adrenal gland in both sexes, to naturally produce more testosterone. In males, testosterone is responsible for male characteristics, libido, regulating puberty, sperm production, metabolism and the growth of all body tissues including muscles. Testosterone promotes protein synthesis and positive nitrogen balance, which is beneficial for muscle cell growth and increased body strength, as well as faster recovery after a work out.

**TRIBULUS** leads to an increase in the production of natural levels of testosterone in the body. Tribulus has been shown in European studies to increase sperm count and help with impotence. Aside from sex drive, mood and self-confidence, testosterone maintains and builds muscle mass (thus the use of steroids, which is synthetic testosterone). Muscle in turn, burns fat and keeps the metabolism up, while maintaining lean body mass. The increased drive that testosterone brings, must be combined with weight training, which also raises testosterone, in order to gain serious muscle growth.

All **PROLINE** products deliver full disclosure of all ingredients and clinically proven doses so you know exactly what you're getting every time.

 BULGARIAN TRIBULUS (750MG CAPSULE 45% SAPONINS)  
70019900431-4

#### Medicinal Ingredients / Ingrédients Médicinaux

Serving Size / Portion : 1 Capsule / capsule

Servings Per Container / Portions par contenant : 120

Amount / Quantité	Per serving (1 capsule) / par portion (1 capsule)
Bulgarian Tribulus (Standardized to 45% saponins) / Tribulus bulgare (standardisé à 45% de saponines)	750 mg

**NON-MEDICINAL INGREDIENTS:** Micro-crystalline cellulose (250 mg), Vegetable Cellulose (capsule)

**INGRÉDIENTS NON MÉDICINAUX :** Cellulose micro-crystalline (250 mg), Cellulose végétale (capsule)





# DYNAMINE



**DYNAMINE™** (methylliberine) is a fast-acting, high-impact ingredient found in kucha tea, and is a chemical cousin of both caffeine and **TeaCrine®**. It is believed that **Dynamine™** (alone or in combination with **TeaCrine®**) is able to activate the central nervous system, without negatively impacting the cardiovascular system.

After 20 years of limited innovation in energy products, **Dynamine™** is poised to disrupt the energy category with its backed-by-science benefits and a growing list of toxicology, safety, and efficacy studies. **Dynamine™** in combination with caffeine has been shown to improve energy, mood, alertness and focus.\*

In a recently completed university study, caffeine exposure (area under the curve – AUC) and half-life increased when co-administered with **Dynamine™**. Remarkably, the combination of caffeine + **Dynamine™** you can get a much longer-lasting energy boost than you would be using the same amount of caffeine alone.\*

- GAMING
- GUT-BRAIN
- NOOTROPICS/ BIOHACKING
- PRE-WORKOUT RTD
- WEIGHT MANAGEMENTA



DYNAMINE CAPSULE (100MG) CAPSULE (60 CAPS)  
70019900469-7

## Medicinal Ingredients / Ingrédients Médicinaux

Serving Size: 1 Capsule / Portion: 1 capsule  
Servings Per Container: 60 / Portions par contenant : 60

Amount / Quantité	Per serving / par portion
Methylliberine (as Dynamine™) / Méthylliberine (comme Dynamine™)	105 mg
Vitamin B-12 (Methylcobalamin) / Vitamine B-12 (Méthylcobalamine)	2 mcg

**Non-Medicinal Ingredients:** Magnesium Stearate (50 mg), Vegetable Cellulose (capsule).

**Ingrédients non médicinaux :** Stéarate de magnésium (50 mg), Cellulose végétale (capsule).

**Recommended Use:** Take 1 capsule of **DYNAMINE™** daily.

**Utilisation recommandée :** Prendre une portion de **DYNAMINE™** par jour.

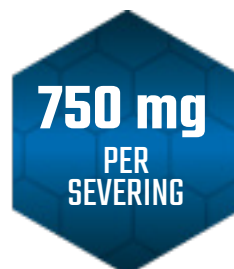
**Risk Information:** Consult a health care practitioner prior to use if you have a kidney disorder or if you are pregnant or breast feeding. May result in weight gain.

**Informations sur les risques :** Consulter un professionnel de la santé avant d'utiliser si vous souffrez de troubles rénaux ou si vous êtes enceinte ou allaitez. Peut entraîner une prise de poids.


**Dynamine™** is a trademark and protected by Patents Pending claiming priority to Serial No. 61/903,362; under exclusive global distribution by Compound Solutions, Inc.



# HMB



PROLINE's HMB is a metabolite of the branch chain amino acid leucine. Well researched and safe to use, it has been shown to preserve muscle mass by minimizing protein breakdown, and damage to muscle cells after intense exercise. Also contributes to reduced body fat.

 HMB 750™ (120 CAPS)  
70019900433-8

#### Medicinal Ingredients / Ingrédients Médicinaux

Serving Size / Portion : 4 Capsules / capsules

Servings Per Container / Portions par contenant : 30

Amount / Quantité	Per serving (4 capsules) / par portion (4 capsules)
B-Hydroxy B-Methylbutyrate / B-hydroxy B-méthylbutyrate	3000 mg

**NON-MEDICINAL INGREDIENTS:** Micro-crystalline cellulose (250 mg), Vegetable Cellulose (capsule)

**INGRÉDIENTS NON MÉDICINAUX :** Cellulose micro-crystalline (250 mg), Cellulose végétale (capsule)



# LIVER SUPPORT



The liver is a major organ that is responsible for cleansing blood, protein synthesis, glycogen storage and maintaining a healthy metabolism.

The liver can be one of the easiest organs in the body to repair, if you give it the nutrients that it needs to do the job. **LIVER REHAB™** is a mix of the most clinically effective, scientifically proven nutraceuticals and herbal extracts, all proven to clean, detoxify and rebuild a weakened or damaged liver and get it back to functioning optimally again.

 LIVER SUPPORT™ - LIVER DETOXIFICATION SYSTEM (90 CAPS)  
70019900435-2

#### Medicinal Ingredients / Ingrédients Médicinaux

Serving Size: 3 Capsules / Portion: 3 capsules

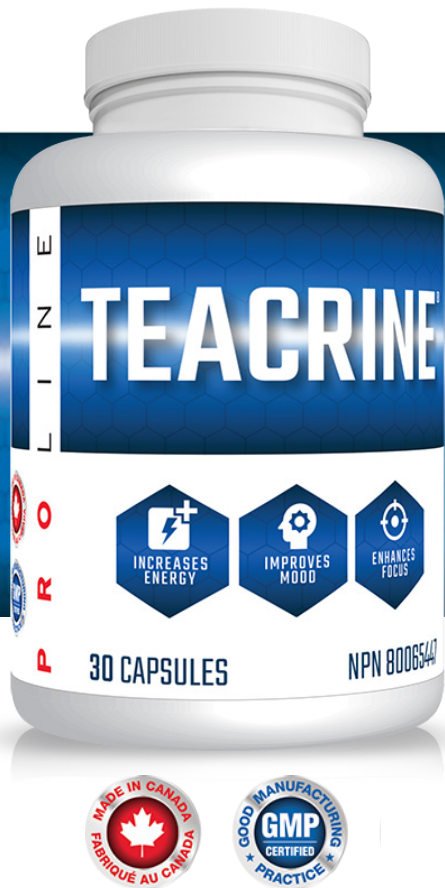
Servings Per Container: 30 / Portions par contenant : 30

Amount / Quantité	per serving / par portion
Schisandra Berries (2% Schisandrins) / Schisandra Berries (2% Schisandrins)	400 mg
N-Acetyl L-Cysteine / N-Acetyl L-Cysteine	250 mg
Apple Pectin / Apple Pectin	250 mg
Astragalus 4:1 Extract / Astragalus 4:1 Extract	250 mg
Milk Thistle 80% Silymarin / Milk Thistle 80% Silymarin	180 mg
Turmeric Ext 95% Curcuminoids / Turmeric Ext 95% Curcuminoids	150 mg
L-Taurine / L-Taurine	150 mg
Choline Bitartrate / Choline Bitartrate	150 mg
Inositol / Inositol	150 mg
L-Methionine / L-Methionine	150 mg
Calcium D-Glucarate / Calcium D-Glucarate	100 mg
Dandelion Root 4:1 Extract / Dandelion Root 4:1 Extract	100 mg
Bromelain 1000 GDU / Bromelain 1000 GDU	75 mg
R(+)-lipoic acid (sodium salt) / R(+)-lipoic acid (sodium salt)	50 mg
Selenium / Selenium	250 mcg

**Non-Medicinal Ingredients:** Magnesium Stearate (50 mg), Vegetable Cellulose (capsule).

**Ingrédients non médicinaux :** Stéarate de magnésium (50 mg), Cellulose végétale (capsule).





# TEACRINE



TeaCrine® is a patented, nature-identical compound naturally found in the kucha tea leaf. TeaCrine® has been shown to deliver energy, mental clarity, and improved motivation and mood without the crash, jitters or habituation. Caffeine and TeaCrine® are complementary.

TeaCrine®'s unique ability to enhance cognitive and physical performance in one safe, non-habituating ingredient has been validated in six separate human clinical trials.

DATA SHOW SIGNIFICANT IMPROVEMENTS IN MANY PARAMETERS INCLUDING:

- INCREASE IN ENERGY WITHOUT JITTERS, IRRITABILITY OR HABITUATION
- INCREASE IN MOTIVATION TO ACCOMPLISH TASKS
- DECREASE IN FEELINGS OF FATIGUE
- INCREASE IN MENTAL ENERGY

APPLICATIONS:

- PRE-WORKOUT
- NOOTROPICS/BIOHACKING
- GAMING
- GUT-BRAIN
- GUT-MUSCLE
- WEIGHT MANAGEMENT

TEACRINE (200MG) CAPSULE (30 CAPS)  
70019900468-0

## Medicinal Ingredients / Ingrédients Médicinaux

Serving Size: 1 Capsule / Portion: 1 capsule  
Servings Per Container: 30 / Portions par contenant : 30

Amount / Quantité	Per serving / par portion
Theacrine (as TeaCrine®) / Theacrine (comme TeaCrine®)	200 mg
Vitamin B-12 (Methylcobalamin) / Vitamine B-12 (Méthylcobalamine)	3 mcg

**Non-Medicinal Ingredients:** Magnesium Stearate (50 mg), Vegetable Cellulose (capsule).

**Ingrédients non médicinaux :** Stéarate de magnésium (50 mg), Cellulose végétale (capsule).

**Recommended Use:** Take 1 capsule of **TEACRINE®** daily.

**Utilisation recommandée :** Prendre une portion de **TEACRINE®** par jour.

**Risk Information:** Consult a health care practitioner prior to use if you have a kidney disorder or if you are pregnant or breast feeding. May result in weight gain.

**Informations sur les risques :** Consulter un professionnel de la santé avant d'utiliser si vous souffrez de troubles rénaux ou si vous êtes enceinte ou allaitez. Peut entraîner une prise de poids.

TeaCrine® is a registered trademark and protected by U.S. Patents 10,272,091 and 10,398,701 under exclusive global distribution by Compound Solutions, Inc.



# TRUE GREENS SPORT

NEW



PROLINE's NEW True Greens Sport is a super Greens/Berry blend of phytonutrient dense plant foods that include organic chlorella, spirulina, alfalfa juice, barley grass juice, wheat grass juice and oat grass extract and a wide spectrum of concentrated fruit extracts that are well known for their high antioxidant levels with a astonishing 4000+ ORAC Value. True Greens Sport Adaptogen blend Ginkgo biloba, grape seed and green tea contributes to reduction in Stress levels, Immune support, Cognitive function and Enhanced memory with a probiotic to improve gut and overall health. Incorporating True Greens Sport in your everyday routine will enhance your energy levels, reduces stress levels, help prevent oxidative damage in your body, help your body to alkalize, and help you maintain healthy immune function all well being the best tasting greens/berry formula on the market today. If you have tried greens in the past and could deal with the taste you need to try True Greens Sport today.

## Medicinal Ingredients / Ingrédients Médicinaux

Serving Size: 1 Scoop (6.7 g) / Portion: 1 cuillère (6,7 g) Servings Per Container: 30 / Portions par contenant : 30

Amount / Quantité	per 1 Scoop / par 1 cuillère	per 2 Scoops / par 2 cuillères	Amount / Quantité	per 1 Scoop / par 1 cuillère	per 2 Scoops / par 2 cuillères
<b>Green Superfoods: Alkalizing and Detoxifying / Superaliments verts: alcalinisants et detoxifiants</b>					
Organic Spirulina Powder / Poudre de Spiruline Biologique	750 mg	1500 mg	<b>High ORAC Value Antioxidant Complex / Complexe antioxydant à haute valeur ORA</b>		
Organic Chlorella Powder / Poudre de chlorelle biologique	250 mg	500 mg	Acai Berry Extract (4:1) / Extrait de baie d'acai (4:1)	75 mg	150 mg
Organic Alfalfa Juice Powder / Poudre de jus de luzerne biologique	250 mg	500 mg	Acerola Extract (4:1) / Extrait d'acérola (4:1)	100 mg	200 mg
Organic Barley Grass Juice Powder / Poudre de jus d'herbe d'orge biologique	250 mg	500 mg	Broccoli Extract (4:1) / Extrait de brocoli (4:1)	50 mg	100 mg
Organic Wheat Grass Juice Powder / Poudre de jus d'herbe de blé biologique	250 mg	500 mg	Blueberry Extract (4:1) / Extrait de bleuets (4:1)	50 mg	100 mg
Organic Oat Grass Extract (Avena Sativa) Powder / Extrait d'herbe d'avoine biologique (Avena Sativa)	250 mg	500 mg	Cranberry Extract (4:1) / Extrait de canneberge (4:1)	50 mg	100 mg
Parsley Powder / Poudre de persil	125 mg	250 mg	Bilberry Extract (4:1) / Extrait de myrtille (4:1)	15 mg	30 mg
Kale Powder / Poudre de chou frisé	125 mg	250 mg	Lycopene / Lycopène	1.5 mg	3 mg
<b>Fiber and Prebiotic Blend / Fibre et mélange prébiotique</b>			Lutein / Lutéine	2.5 mg	5 mg
Inulin/Inuline	500 mg	1000 mg	Resveratrol (50% transresveratrol) / Resvératrol (50% de trans-resvératrol)	5 mg	10 mg
Flax Seed Powder (defatted) / Poudre de graines de lin (dégraissée)	375 mg	750 mg	Red Beet Extract / Extrait de betterave rouge	200 mg	400 mg
Oat Fiber / Fibre d'avoine	250 mg	500 mg	Pomegranate Seed Extract (40% ellagic acid) / Extrait de graine de grenade (40% d'acide ellagique)	30 mg	60 mg
Apple Pectin / Pectine de pomme	250 mg	500 mg	<b>Phytonutrient Blend: Anti-inflammatory Benefits / Mélange de phytonutriments: bienfaits anti-inflammatoire</b>		
<b>Adaptogenic Herbs: Energy Support / Herbes adaptogènes: énergie</b>			Organic Cherry Juice Extract (36:1 concentrate) / Extrait de jus de cerise biologique (concentré 36:1)	100 mg	200 mg
Maca (4:1) Extract/Extrait de Maca (4:1)	250 mg	500 mg	Turmeric Extract (95% curcuminoids) / Extrait de curcuma (95% de curcuminoïdes)	50 mg	100 mg
Dulse/Dulse	200 mg	400 mg	Grape Seed Extract (90% PCO) / Extrait de pépins de raisin (90% PCO)	15 mg	30 mg
Schizandra Extract (2% schizandrin) / Extrait de Schizandra (2% de schizandrine)	100 mg	200 mg	Green Tea Extract (80% catechins) / Extrait de thé vert (80% de catéchines)	15 mg	30 mg
Ashwagandha (2% withanolides)/Ashwagandha (2% de withanolides)	62.5 mg	125 mg	Ginkgo Biloba Extract (24% ginkgo flavones) / Extrait de ginkgo biloba (24% de flavonoïdes ginkgo)	15 mg	30 mg
Siberian Ginseng (.8% eleuthosides)/Ginseng de Sibérie (.8% d'éléuthosides)	40 mg	80 mg	<b>Herbal Concentrates: Immune Support / Concentrés d'herbes: soutien immunitaire</b>		
Panax ginseng (10% ginsenosides)/Panax ginseng (10% de ginsénosides)	25 mg	50 mg	Astragalus (4:1) Extract / Astragale (4:1) Extrait	50 mg	100 mg
<b>Probiotic Support / Probiotiques</b>			Dandelion Root (4:1) Extract / Extrait de racine de pissenlit (4:1)	50 mg	100 mg
L. Rhamnosus (Rosell – 11) (Active cells /Cellules vivante)	2.5 billion/ milliard	5 billion/ milliard	Milk Thistle (80% silymarin) / Chardon-Marie (80% de silymarine)	50 mg	100 mg
			Elderberry Extract (4:1) / Extrait de sureau (4:1)	30 mg	60 mg

## AVAILABLE FLAVOURS

- TRUE GREENS SPORT RASPBERRY LEMONADE (30 SERVING): 70019900505-2
- TRUE GREENS SPORT PEACH MANGO (30 SERVING): 70019900504-5



# VITA PAKS

**30**  
DAY  
SUPPLY

**♂**  
FORMULATED  
FOR MEN

**📷**  
RAPID  
ABSORPTION

**PROLINE VITA-PACKS™ for MEN** is designed to provide complete nutrition for men. **VITA-PACKS™ for MEN** is your daily vitamins and nutrients in one convenient pack that can fit in your pocket. Each bottle of Vita Packs™ for Men contains:

- + 30 individually sealed packs for your everyday convenience
- + Each pack includes 8 easy to swallow capsules
- + Full Spectrum of Multi-Minerals
- + Omega 3 Essential Fatty Acids
- + Greens Super Food Complex
- + High-Potency Vitamin B Complex
- + Vitamin C Complex with Bioflavonoids

Each bottle of **VITA PACK™** contains 30 individually sealed packs that contain 7 high potency capsules for your everyday convenience. Each pack contains essential fatty acids, a multivitamin complex, an antioxidant complex, mineral complex, vitamin E complex and a fitness complex specially designed for women.



VITA-PAK FOR MEN (30 PACKS)  
70019900437-6

#### Medicinal Ingredients / Ingrédients Médicinaux

Servings Per Container: 30 packets / Portion par contenant : 30 sachets

MultiVitamin Complex / Complexe multivitaminé		
Serving Size: 1 Capsule / Portion: 1 capsule		
Amount / Quantité	per serving / par portion	
Vitamin A (Palmitate) / Vitamine A (Palmitate)	5000 IU	
Beta Carotene (Natural) / Bêta-carotène (Naturel)	10,000 IU	
Vitamin D (Cholecalciferol) / Vitamine D (Cholecalciférol)	400 IU	
Vitamin E (Succinate) / Vitamine E (Succinate)	400 IU	
Folic Acid / Acide folique	1 mg	
Vitamin B-1 (Thiamine HCl) / Vitamine B-1 (Thiamine HCl)	40 mg	
Vitamin B-2 (Riboflavin) / Vitamine B-2 (Riboflavine)	40 mg	
Vitamin B-3 (Nicotinamide) / Vitamine B-3 (Nicotinamide)	40 mg	
Vitamin B-6 (Pyridoxine HCl) / Vitamine B-6 (Pyridoxine HCl)	40 mg	
Vitamin B-12 (Methylcobalamin) / Vitamine B-12 (Méthylocobalamine)	200 mcg	
Biotin / Biotine	300 mcg	
Pantothenic Acid / Acide pantothénique	100 mg	
PABA / PABA	50 mg	

Vitamin C / Vitamine C		
Serving Size: 1 Capsule / Portion: 1 capsule		
Amount / Quantité	per serving / par portion	
Vitamin C (Calcium Ascorbate) / Vitamine C (Ascorbate de calcium)	1000 mg	

Essential Fatty Acid Complex / Complexe d'acide gras essentiel		
Serving Size: 1 Soft gel / Portion: 1 capsule molle		
Amount / Quantité	per serving / par portion	
Mixed Fish Oil (180 EPA/120 DHA) / Huile de poisson mélangée (180 EPA/120 DHA)	1000 mg	

Mineral Complex / Complexe minéral		
Serving Size: 3 Capsules / Portion: 3 capsules		
Amount / Quantité	per serving / par portion	
Calcium (Coral 35%/Citrate 22%) / Calcium (Corail 35%/Citrate 22%)	900 mg	
Magnesium (Oxide/citrate 15%) / Magnésium (Oxyde/citrate 15%)	900 mg	
Iodine (Potassium) / Iode (Potassium)	600 mcg	
Zinc (Citrate) / Zinc (Citrate)	60 mg	
Copper (Amino Acid Chelate) / Cuivre (Chélate d'acide aminé)	3 mg	
Manganese (Amino Acid Chelate) / Manganèse (Chélate d'acide aminé)	15 mg	
Chromium (Chromate™) / Chrome (Chromate™)	600 mcg	
Protassium (Citrate) / Potassium (Citrate)	257 mg	
Selenium (Seleno Excel™) / Sélénium (Seleno Excel™)	600 mcg	
Molybdenum (Amino Acid Chelate) / Molybdène (Chélate d'acide aminé)	300 mcg	
Boron (Citrate 6%) / Bore (Citrate 6%)	3 mg	
Vanadium (Citrate) / Vanadium (Citrate)	600 mcg	

NutriBlend For Men / Mélange nutritif pour hommes		
Serving Size: 2 Capsules / Portion: 2 capsules		
Amount / Quantité	per serving / par portion	
Citrus Bioflavonoids / Bioflavonoïdes d'agrumes	200 mg	
Rutin / Rutine	200 mg	
Siberian Ginseng 4:1 / Ginseng sibérien 4:1	200 mg	
Kelp / Varech	600 mg	
Spirulina / Spiruline	400 mg	
Saw Palmetto Extract / Extrait de palmier scie	160 mg	
Choline Bitartrate / Bitartrate de choline	500 mg	
Inositol / Inositol	200 mg	
Betaine HCL / Bétaine HCL	100 mg	





# VITA PAKS

**30**  
DAY  
SUPPLY

**♀**  
FORMULATED  
FOR WOMEN

**📷**  
RAPID  
ABSORPTION

PROLINE, VITA-PACKS™ for WOMEN are designed to provide overall health and nutrition for women's needs and helps to support the following:

- + ADRENAL SUPPORT
- + BLOOD SUGAR REGULATION
- + BONES & TEETH
- + BREAST HEALTH
- + HAIR, SKIN & NAILS
- + HEART & CIRCULATION
- + IMMUNE FUNCTION
- + VISION & EYE HEALTH

Each bottle of Vita Pack™ contains 30 individually sealed packs that contain 7 high potency capsules for your everyday convenience. Each pack contains essential fatty acids, a multivitamin complex, an antioxidant complex, mineral complex, vitamin E complex and a fitness complex specially designed for women.



VITA-PAK FOR WOMEN (30 PACKS)  
70019900438-3

#### Fitness Complex / Complexe santé physique

Serving Size: 1 Capsule / Portion: 1 capsule

Amount / Quantité	per serving / par portion
Opti MSM™ / Opti MSM™	500mg
Astragalus: 4:1 Extract / Astragale: Extrait 4:1	225 mg
Ashwaganda: 2.5% Withanolides (Sensori™) / Ashwaganda: 2.5% Withanolides (Sensori™)	225 mg

#### Essential Fatty Acid / Complexe d'acide gras essentiel

Serving Size: 1 Soft Gel / Portion: 1 capsule molle

Amount / Quantité	per serving / par portion
Evening Primrose Oil (10% GLA) / Huile de primevères (10% GLA)	1000 mg

#### Antioxidant Complex / Complexe antioxydant

Serving Size: 1 Capsule / Portion: 1 capsule

Amount / Quantité	per serving / par portion
Vitamin C (Calcium Ascorbate) / Vitamine C (Ascorbate de calcium)	500 mg
Rosehip Seed Extract 4:1 / Extrait de graine de cynorrhodon 4:1	100 mg
Hesperidin / Hespéridine	100 mg
Grape Seed Extract 95% / Extrait de pépin de raisin 95%	50 mg
Bilberry 5:1 Extract / Extrait de myrtille 5:1	25 mg
Cranberry 4:1 Extract / Extrait de canneberge 4:1	75 mg

#### Mineral Complex / Complexe minéral

Serving Size: 2 Capsules / Portion: 2 capsules

Amount / Quantité	per serving / par portion
Calcium (Coral 35%/Citrate 22%) / Calcium (Corail/Citrate)	500 mg
Magnesium (oxide/citrate 15%) / Magnésium (Oxyde/citrate 15%)	500 mg
Boron (Citrate) / Bore (Citrate)	4 mg
Zinc (Citrate) / Zinc (Citrate)	30 mg
Manganese (Albion Chelate™) / Manganèse (Albion Chelate™)	10 mg
Potassium (Albion Chelate™) / Potassium (Albion Chelate™)	100 mg
Copper (Albion Chelate™) / Cuivre (Albion Chelate™)	2 mg
Chromium GTF (ChroMate™) / Chrome GTF (ChroMate™)	300 mcg
Molybdenum (Albion Chelate™) / Molybdène (Albion Chelate™)	30 mcg

#### Vitamin E Complex / Complexe vitamine E

Serving Size: 1 Capsule / Portion: 1 capsule


Amount / Quantité	per serving / par portion
Vitamin E (Succinate) / Vitamine E (Succinate)	400 IU
Calcium D Glucarate / D-Glucarate de calcium	150 mg
Selenium (SelenoExcell™) / Sélénium (SelenoExcell™)	150 mcg
Lutein 10% from Marigold Flowers / Lutéine 10% de fleur de souci	5 mg
Hawthorn: 4:1 Extract / Extrait d'aulépine 4:1	150 mg
Rhodiola Extract (1% salidosides) / Extrait de rhodiola (1% salidosides)	100 mg



# ZMA



PROLINE's ZMA™ is an all-natural anabolic mineral formula containing highly bioavailable forms of Zinc, Magnesium and Vitamin B6 which are needed to replenish your body after each workout. ZMA is clinically proven to increase free testosterone levels and support the increase of lean muscle growth.

 ZMA 90 CAPS  
70019900439-0

#### Medicinal Ingredients / Ingrédients Médicinaux

Serving Size / Portion : 3 Capsules / capsules  
Servings Per Container / Portions par contenant : 30

Amount / Quantité	Per serving (3 capsules) / par portion (3 capsules)
Magnesium Aspartate / Aspartate de magnésium	450 mg
Zinc Aspartate / Aspartate de zinc	30 mg
Vitamin B6 (Pyridoxine HCL) / Vitamine B6 (Pyridoxine HCL)	10 mg

**NON-MEDICINAL INGREDIENTS:** Micro-crystalline cellulose (250 mg), Vegetable Cellulose (capsule)

**INGRÉDIENTS NON MÉDICINAUX :** Cellulose micro-crystalline (250 mg), Cellulose végétale (capsule)



# HYDRO PRIME™



Glycerol is a 3-carbon molecule that is classified as an alcohol and is produced naturally by the human body as a result of normal metabolism.[1] Glycerol can also be obtained through the diet as a general recognized as safe (GRAS) food additive. NNB developed HydroPrime™, a breakthrough form of glycerol at the highest concentration on the market, designed to effectively overcome the clumping and stability issues of previous glycerol formulations.

## How does HydroPrime® Work?

Glycerol is rapidly absorbed and distributed intra-cellularly, especially in the muscle and vascular tissue. Glycerol increases osmotic drive and total volume of water in the body. When consumed with fluid (e.g. water), fluid retention is enhanced across the body, yielding cellular expansion. The results of this cellular expansion are greater pumps and hyper-hydration, leading to endurance and performance enhancement. Glycerol has rapidly become one of the best-kept secrets with high-performing athletes and bodybuilders.

### Medicinal Ingredients / Ingrédients Médicinaux

Serving Size: 1 Scoop (2.5 g) / Portion: 1 cuillère (2,5 g)  
Servings Per Container: 60 / Portions par contenant : 60

Amount / Quantité	per 1 Scoop (3.0 g) / par 1 cuillère (3,0 g)	per 100g / par 100 g
HydroPrime™ (Glycerol powder 65%) / (poudre de glycérol 65%)	2.5 g	100 g

**Recommended Use:** Mix 1 to 2 scoops of **HYDROPRIME™** in 250ml of cold water or add to your favorite **PROLINE** sports drink and shake for a few seconds. Take 1 to 2 servings per day 30-45 mins. before training. During your workout it is recommended that you drink plenty of water.

**Utilisation recommandée :** Mélanger 1 à 2 cuillères d'**HYDROPRIME™** dans 250 ml d'eau froide ou ajouter à votre boisson sportive **PROLINE** préférée et secouez pendant quelques secondes. Prendre 1 à 2 portions 30-45 min avant l'entraînement, pendant votre entraînement, il est recommandé de boire beaucoup d'eau.

**Risk Information:** Consult a health practitioner prior to use if you have liver or kidney disease, are pregnant or breast feeding or have pre-existing medical conditions.

**Informations sur les risques :** Consulter un professionnel de la santé avant l'utilisation si vous êtes enceinte ou allaitez, si vous avez une maladie du foie ou des reins, have pre-existing medical conditions.

- + Supports athletic performance and hydration status
  - + Enhances cellular volumization, body composition, and pumps through a non-nitric oxide pathway
  - + May improve endurance, time to fatigue, and recovery
  - + Protective from the negative effects of training in the heat
- Supports cardiovascular health during exercise

HYDRO PRIME™ 16OZ (60 SERVING) -UNFLAVOURED  
70019900472-7





# OVERKILL



**40**  
SERVINGS

**MAX**  
STRENGTH &  
PERFORMANCE

**↑**  
ENERGY &  
FOCUS

Each serving of **OVERKILL** contains 88% active ingredients and a whopping 25.2g serving size per full scoop, making it the strongest pre-workout in the industry today. Formulated using no fillers, binders, gums, or other pixie-dusted ingredients, **OVERKILL** hits within minutes of taking your first serving, delivering explosive energy and mind-lock mental focus.

**OVERKILL** industry changing formula delivers multiple energy source to fuel your workouts for 2 and 3 times that of competitors products. Skin bursting, increased stamina and strength **OVERKILL** will take your workout to levels you have never experienced and help you achieve your goals in record time.

## 100% Transparent Formula

**PROLINE** is pulling back the curtain to show you exactly what goes into each of our products. Every one of our scientifically based ingredients is at a clinical dose and disclosed to the milligram—even flavours and sweeteners are listed. You hold yourself to the highest standards, so it's time to demand the same from your supplements.

### AVAILABLE FLAVOURS

**BLACK CHERRY LIME**  
(40 SERVING)  
70019900470-3

**ELECTRIC PUNCH** **NEW**  
(40 SERVING)  
70019900496-3

**PEACH MANGO**  
(40 SERVING)  
70019900471-0

**RASPBERRY LEMONADE** **NEW**  
(40 SERVING)  
70019900506-9

### Medicinal Ingredients / Ingrédients Médicinaux

Serving Size: 1/2 Scoop (11.6 g) / Portion: 1/2 cuillerée (11,6 g)  
Servings Per Container: 40 / Portions par contenant : 40

Amount / Quantité	per 1/2 Scoop (11.6 g) / par 1/2 cuillerée (11,6 g)	per 1 Scoop (23.2 g) / par 1 cuillerée (23,2 g)
L-Citrulline Malate 2:1 (Citrulline 667mg) / Malate de citrulline (Citrulline 667mg)	3.5 g	7.0 g
Beta Alanine / Bêta-alanine	1.6 g	3.2 g
Taurine / Taurine	1.5 g	3.0 g
Glycine / Glycine	1.0 g	2.0 g
Agmatine Sulfate / Sulfate d'agmatine	500 mg	1.0 g
Noble orchid (Dendrobium nobile Stem) / Orchidée noble (Tige de Dendrobium nobile)	300 mg	600 mg
Caffeine / Caféine	200 mg	400 mg
DMAE (Dimethylaminoethanol Bitartrate) / DMAE (Bitartrate de diméthylaminoéthanol)	200 mg	400 mg
L-Theanine / L-théanine	100 mg	200 mg
Bitter Orange (30% Synephrine) / Orange amère (30% Synéphrine)	83 mg	166 mg
Maritime Pine 10:1 Extract (Pinus Pinaster Aged Bark) (95% Oligomeric procyanidins, QCE 1000 mg) / Extrait de Pin maritime 10:1 (écorce vieillie de Pinus pinaster) (95% Procyanidines oligomériques QBE 1000 mg)	50 mg	100 mg
Vitamin B3 (Niacinamide) / Vitamine B3 (Niacinamide)	5 mg	10 mg
Vitamin B6 (Pyridoxine HCL) / Vitamine B6 (Chlorhydrate de pyridoxine)	5 mg	10 mg
Vitamin B12 (Methylcobalamin) / Vitamine B12 (Méthylcobalamine)	500 mcg	1000mcg
Huperzine A / Huperzine A	200 mcg	400mcg

**NON-MEDICINAL INGREDIENTS:** Natural and Artificial Flavours (1.45 g), Calcium Silicate (389 mg), Silicon Dioxide (389 mg), Acesulfame Potassium (150 mg), Sucralose (140 mg), Natural Beet Powder (for colour) (50 mg).

**INGRÉDIENTS NON MÉDICINAUX:** Arômes naturels et artificiels (1,45 g), Silicate de calcium (389 mg), Silicose (389 mg), Acesulfame potassium (150 mg), Sucralose (140 mg), Poudre de betterave naturelle (couleur) (50 mg).



# RUSH

## PRE-WORKOUT



ENERGY &  
FOCUS



CONCENTRATED  
FORMULA



NO2  
PUMP  
TECHNOLOGY

Dominate every workout with **RUSH** concentrated pre workout. Explosive energy and focus to take your training to the next level. Whether you are a beginner, or a professional athlete **RUSH** can help you unlock your full potential.


### • Increase Endurance

This high performance formula is packed with the newest top researched ingredients available. With many of them backed by clinical studies showing increases in energy, strength and heightened focus. **RUSH** contains NO2 Pump technology designed to maximize nitric oxide in your muscles allowing for better muscle pump and endurance. This pre-workout provides everything you need to ensure each training session with **RUSH** is going to get you another step closer to reach all your fitness goals along with a refreshing delicious taste.

All **PROLINE** products deliver full disclosure of all ingredients and clinically proven doses so you know exactly what you're getting every time.

#### AVAILABLE FLAVOURS

 RASPBERRY LEMONADE (30 SERVING)  
70019900380-5

 GRAPE (30 SERVING)  
70019900381-2

 FRUIT PUNCH (30 SERVING)  
70019900382-9

 PEACH MANGO (30 SERVING)  
70019900383-6

#### Medicinal Ingredients / Ingrédients Médicinaux

Serving Size: 1 Scoop (6.6 g) / Portion: 1 cuillerée (6,6 g)  
Servings Per Container: 30 / Portions par contenant : 30

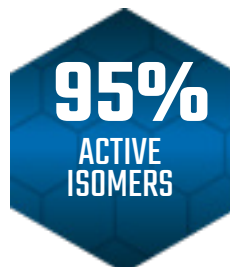
Amount / Quantité	per 1 Scoop (6.6 g) / par 1 cuillerée (6,6 g)	per 100g / par 100 g
Beta-Alanine / Bêta-alanine	1.6 g	24.1 g
L-Citrulline Malate 2:1 (Citrulline 667mg) / Malate de citrulline (Citrulline 667mg)	1.0 g	15.1 g
L-Arginine Alpha-Ketoglutarate 2:1 (L-Arginine 667 mg) / Alpha-cétoglutarate de L-arginine 2:1 (L-arginine 667 mg)	1.0 g	15.1 g
Taurine / Taurine	1.0 g	15.1 g
Caffeine / Caféine	300 mg	4.5 g
Theobroma Cacao Seed (10% Theobromine) / Graine de Theobroma Cacao (10 % Theobromine)	150 mg	2.3 g
N-Acetyl L-Tyrosine / N-acétyl-L-tyrosine	100 mg	1500 mg
L-Theanine / L-théanine	100 mg	1500 mg
Vitamin B3 (Niacinamide) / Vitamine B3 (Niacinamide)	5 mg	75 mg
Vitamin B6 (Pyridoxine HCL) / Vitamine B6 (Chlorhydrate de pyridoxine)	5 mg	75 mg
Vitamin B12 (Methylcobalamin) / Vitamine B12 (Méthylcobalamine)	500 mcg	8 mg
Huperzine A / Huperzine A	200 mcg	3 mg

**Non-Medicinal Ingredients:** Natural and Artificial Flavours (550 mg), Citric Acid (500 mg), Sucralose (125 mg), Acesulfame Potassium (90 mg), Natural Beet Powder (for colour) (50 mg), Calcium Silicate (50 mg)

**Ingrédients non médicinaux :** Arômes naturels et artificiels (550 mg), Acide citrique (500 mg), Sucralose (125 mg), Acésulfame potassium (90 mg), Poudre de betterave naturelle (couleur) (50 mg), Silicate de calcium (50 mg)



# CLA 1000



PROLINE's CLA 1000™ has shown to accelerate metabolism and reduce the amount of fat stored throughout the body, thus stimulating fat loss. CLA encourages the body to produce energy by burning fat. CLA 1000 has strong antioxidant and anti-inflammatory benefits. CLA 1000 helps to improve immune function and reduce bad cholesterol levels.

## Medicinal Ingredients / Ingrédients Médicinaux

Serving Size / Portion : 1 Capsule / capsule  
Servings Per Container / Portions par contenant : 90

Amount / Quantité	Per serving (1 capsule) / par portion (1 capsule)
CLA (95% Active Isomers, 50:50 Isomer Blend (Cis-9, trans-11, Isomer:trans 10, Cis-12 Isomer) / ALC (Isomères actifs 95%, mélange isomère 50:50 (cis-9, trans-11, isomère : trans 10, isomère cis-12)	1000 mg

**NON-MEDICINAL INGREDIENTS:** Gelatin, Glycerin, Purified water (soft get capsule)  
**INGRÉDIENTS NON MÉDICINAUX :** Gélatine, glycérine, eau purifiée (capsule molle)

CLA 1000™ (95% CLA) 90 SOFT GELS  
70019900440-6





# CARNITINE BURN



**PROLINE CARNITINE BURN™** supports body fat reduction by causing the body to release stored body fat (lipolysis) and then stimulates the body to burn that fat, with or without exercise.

L-Carnitine works by transporting fatty acids from food into the mitochondria of the cell where they are converted into energy. This allows you to burn fat during workouts, and will help to prevent muscle failure, fatigue. Green Coffee Bean and Green Tea serve as a natural, safe weight-loss agent and antioxidant, while working to promote an alert, focused mental state without the jitters. Grains of paradise is a natural fat burner which has been shown to help burn fat, reduce a person's appetite and boost their metabolism. Capsaicin can help speed up metabolism and reduce fat tissue, as well as suppressing appetite, while Chromium Picolinate can help improve insulin resistance and help regulate blood glucose levels.

#### AVAILABLE FLAVOURS



CARNITINE BURN™ CAPSULES (90 CAPS)  
70019900447-5

#### Medicinal Ingredients / Ingrédients Médicinaux

Serving Size: 3 Capsules / Portion: 3 capsules  
Servings Per Container: 30 / Portions par contenant: 30

Amount / Quantité	per serving / par portion
L-Carnitine Tartrate (Supplying 1333 mg L-Carnitine) / Tartrate de L-Carnitine (fournissant 1333 mg de L-Carnitine)	2 g
Green Coffee Bean (50% chlorogenic acid) / Grain de café vert (50% acide chlorogénique)	300 mg
Green tea (10% Caffeine) / Thé vert (10% caféine)	150 mg
CaloriBurn® - Aframomum Melegueta (Grains of Paradise) / CaloriBurn® - Aframomum Melegueta (Graines de paradis)	15 mg
Capsaicin (Black Pepper Extract) / Capsicine (Extrait de poivre noir)	2.6 mg
Chromium Picolinate / Picolinate de chrome	200 mcg

**Non-Medicinal Ingredients:** Magnesium Stearate (50 mg), Vegetable Cellulose (capsule).

**Ingrédients non médicinaux:** Stéarate de magnésium (50 mg), Cellulose végétale (capsule).

**Recommended Use:** Take 3 capsules of **CARNITINE BURN** with water 30 minutes prior to training, on none training days take early morning on an empty stomach. Take 1 serving per day.

**Utilisation recommandée:** Prenez 3 gélules de **CARNITINE BURN** avec de l'eau 30 minutes avant l'entraînement, aucun jour d'entraînement, prenez tôt le matin à jeun. Prendre 1 portion par jour.