



# ACTIVE MEN



**ACTIVE MEN™** is a multivitamin and mineral support formulation specifically designed to meet the nutritional needs of men. This formula provides necessary nutritional support for the maintenance of good health, along with extra nutritional support for sustaining a workout, aiding endurance and recovery, or just for coping with the stress of modern living. Contains optimal levels of over 30 vitamins, minerals, enzymes and herbal extracts tailored formula to meet the specific needs of men Supports the immune and cardiovascular system Provides enhanced energy and endurance support Increases performance and overall vitality Easy-to-digest capsules.

 **ACTIVE MEN™ (90 CAPS)**  
70019900428-4

#### Medicinal Ingredients / Ingrédients Médicinaux

Serving Size: 3 Capsules / Portion: 3 capsules

Servings Per Container: 30 / Portions par contenant : 30

Amount / Quantité	per serving / par portion
Beta Carotene / Beta Carotene	10,000 IU
Vitamin A (palmitate) / Vitamin A (palmitate)	5,000 IU
Vitamin D3 Cholecalciferol / Vitamin D3 Cholecalciferol	1,000 IU
Vitamin E (d-Alpha Tocopheryl) / Vitamin E (d-Alpha Tocopheryl)	150 IU
Vitamin C (calcium ascorbate) / Vitamin C (calcium ascorbate)	300 mg
Vitamin K2 (MK7) / Vitamin K2 (MK7)	75 mcg
Vitamin B-1 Thiamine Hydrochloride / Vitamin B-1 Thiamine Hydrochloride	30 mg
Vitamin B-2 Riboflavin / Vitamin B-2 Riboflavin	30 mg
Vitamin B-3 Niacin / Vitamin B-3 Niacin	30 mg
Vitamin B-6 Pyridoxine / Vitamin B-6 Pyridoxine	30 mg
Vitamin B-12 (methylcobalamin) / Vitamin B-12 (methylcobalamin)	200 mcg
Folic Acid 97% / Folic Acid 97%	1 mg
Biotin / Biotin	100 mcg
Pantothenic Acid / Pantothenic Acid	100 mg
Choline Bitartrate / Choline Bitartrate	50 mg
Inositol / Inositol	50 mg
Rutin / Rutin	50 mg
Hesperidin / Hesperidin	50 mg
Quercetin / Quercetin	50 mg
PABA / PABA	25 mg
Magnesium (oxide/citrate 15%) / Magnesium (oxide/citrate 15%)	100 mg
Calcium (Coral 35%/Citrate 22%) / Calcium (Coral 35%/Citrate 22%)	100 mg
Potassium (Amino Acid Chelate 18%) / Potassium (Amino Acid Chelate 18%)	50 mg
Zinc Citrate 32% / Zinc Citrate 32%	20 mg
Bamboo Silica 70% / Bamboo Silica 70%	15 mg
Iron Citrate 18% / Iron Citrate 18%	5 mg
Manganese 16% / Manganese 16%	5 mg
Boron Citrate 6% / Boron Citrate 6%	1 mg
Copper 10% / Copper 10%	1 mg
Iodine 1% / Iodine 1%	200 mcg
Chromium Picolinate / Chromium Picolinate	200 mcg
Selenium / Selenium	150 mcg
Molybdenum 2.5% / Molybdenum 2.5%	50 mcg
Bromelain 1000 GDU / Bromelain 1000 GDU	50 mg
Pineapple Powder / Pineapple Powder	25 mg
Papaya Powder / Papaya Powder	25 mg
Alfalfa Juice Powder / Alfalfa Juice Powder	100 mg
Panax Ginseng 10% / Panax Ginseng 10%	100 mg
Saw Palmetto Powder / Saw Palmetto Powder	50 mg

**Non-Medicinal Ingredients:** Magnesium Stearate (15 mg), Vegetable Cellulose (capsule),  
**Ingrédients non médicinaux:** Stéarate de magnésium (15 mg), Cellulose végétale (capsule).