



CLEAN

MUSCLE LEAN GAINER



CLEAN MUSCLE lean 2:1 carb to protein ratio uses only the highest quality ingredients will help you gain lean muscle without the fat because after all, the goal is to be big and lean, not big and fat. When looking for a clean gainer, less is more.

- 2:1 Carb to Protein Ratio
- 1 Carb Source, 1 Protein Source, 1 Fat Source

Quality Carb - NON GMO pea starch - a revolutionary low glycemic long lasting carb designed to optimally feed your muscles for maximum growth without the unwanted fat. Most gainers on the market use inferior carb sources to save cost and hide behind proprietary blends so you don't know what you're really paying for.

Quality Protein - Pure Whey protein concentrate 80% the gold standard of whey proteins. Easily digestible and quickly provides the building blocks to help you build muscle rapidly.

All **PROLINE** products deliver full disclosure of all ingredients and clinically proven doses so you know exactly what you're getting every time.

AVAILABLE FLAVOURS

- VANILLA
70019900370-6
- CHOCOLATE
70019900371-3

- STRAWBERRY BANANA
70019900372-0
- SALTED CARAMEL
70019900373-7

Nutrition Facts / Valeur nutritive

Per 3 Scoops (110 g) / pour 3 cuillerées (110 g)
Servings per Container / Portions par récipient : 14

	3 Scoops (110 g) / 3 cuillerées (110 g)	100 g
Calories	410	373
	% Daily Value* / % valeur quotidienne*	
Fat / Lipides 5.5 g [†]	7 %	5 g
Saturated / saturés 3 g [†]		3 g
+ Trans / trans 0 g [†]	15 %	0 g
Carbohydrate / Glucides 60 g [†]		55 g
Fibre / Fibres 0.5 g	2 %	0 g
Sugars / Sucres 3 g [†]	3 %	3 g
Protein / Protéines 30 g [†]		27 g
Cholesterol / Cholestérol 300 mg [†]	100 %	273 g
Sodium 284 mg [†]	12 %	259 g
Potassium 17 mg [†]	<1 %	15 g
Calcium 175 mg [†]	13 %	159 g
Iron / Fer 3.5 mg [†]	19 %	3 g

[†] Amount in 3 Scoops (110 g) / Teneur pour 3 cuillerées (110 g)

* 5% or less is a little, 15% or more is a lot

* 5% ou moins c'est peu, 15% ou plus c'est beaucoup

INGREDIENTS (PER SERVING): Pea Starch NON GMO (65 g), Cross Flow Micro Filtered Whey Protein Concentrate 80% (37.5 g), MCT Oil Powder (5 g), Natural and Artificial Flavours (1.9 g), Salt (200 mg), Sucralose (130 mg), Acesulfame Potassium (130 mg).

Contains: Milk by-products/derivatives.

INGREDIENTS (PAR PORTION): Amidon de pois NON OGM (65 g), Concentré de protéines de lactosérum micro-filtré à flux croisé 80% (37,5 g), Poudre d'huile MCT (5 g), Saveurs naturels et artificielles (1,9 g), Sel (200mg), Sucralose (130 mg), Acésulfame Potassium (130 mg).

Contient : Sous-produits / dérivés du lait.

P R O L I N E